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Dear Parents,

HALF YEARLY REPORTS

The Half Yearly Reports have been distributed today. We hope you find them helpful in understanding your child's progress at school so far this year.

If on reading this report, you wish to address aspects of your child's learning, to help with any issues they might have, the teacher concerned will assist you with specifics. As you know, the forwarding of reports before the end of term helps facilitate parents arrange for an appointment before the holidays. Should you need to speak to your child's teachers, please fill in the form in this newsletter and they will call you back or arrange an interview. Parents of 'Prep' students have also received a special progress report.



With the reports out, I would like to remind parents that providing support and encouragement towards your child's learning is the most important way you can help them succeed. Remember, parents are the children's first teachers and helping your child to learn can be simple. Reading to them and encouraging them to tell you the same story in their words, or asking them to talk about something that interests them are just a few examples. We can help children learn almost any way which suits us, because many of the everyday things we do at home help our children learn. Things like writing a shopping list or placing a lunch order, cooking and following a recipe together, planning a party and writing invitations together or even getting your child to teach you about using the computer or how to play their favourite App game!

THE MORE YOU READ, THE MORE YOU KNOW...

'Use it or Lose it!' It becomes apparent after each holiday period that most children have a decline in their reading ability. Lack of practice causes some children to regress quite noticeably in their reading skills. Let's admit, we all know the adage 'Use it or Lose it!' All skills in their early stages must be constantly polished. Reading is a very important life skill and we hope that children keep progressing all year.

Support and Encourage. It is important that parents encourage all aged children to keep reading all kinds of materials. They do not need a holiday from reading! They do, however, need to be encouraged in a way that is supportive, non-threatening and surrounded by positive feelings of enjoyment.

It all counts. All parents can help by exuding a positive attitude to reading themselves. Read for information, jokes, sports results, news and communication with relatives. It is all reading and can be demonstrated as a useful part of everyday life. Whilst shopping, you can make children aware of all the times you read to gain information from shop fronts, advertisements, labels and posters.

Give help. Whilst reading for enjoyment, give all the support that is required, even reading just ahead of your young reader. Let them follow your reading and stop to give them a chance to read the next word if they need lots of help. They are learning if they are following with you. It helps them to just hear the sound of words as they see the shape on the page.

Say It Again and Again. Young children love repetition and even if they can 'read' the book by heart it is very comforting to them. Older children also like re-reading old favourites but this may be because they are too comfortable with the vocabulary to branch out and work hard on a new book. Try one by the same author as the old favourite. Series are good fun!

Enjoy reading all year round! Movies and TV are fine in their way but reading good stories and for information is good food for the soul. As we say...



"The More You Read, The More You Know, The More You Know The Smarter You Grow!"

Live Life Well @ School

FRUIT, VEGETABLE & WATER BREAK

Crunch&Sip® Pack ideas

Stuck for ideas to make your kids Crunch&Sip packs more interesting? Try these ideas:

1 Use texture
Make a pack that includes vegetables or fruits with varying textures.

2 Make it tasty
Pack chopped vegetables or fruits that taste great together.

3 Go for colour
Use a variety of colours in your packs to make them appealing.

4 Is it in season?
Vegetables or fruit in season will taste better.

5 Add a fun fact
Include a post it note with an interesting fact about the vegetable or fruit in the pack.

More information? Download the parent brochure from the Crunch&Sip webpage: www.healthkids.nsw.gov.au/campaigns-programs/crunch-sip.aspx.

BIRTHDAYS OF THE WEEK

Happy Birthday to...

Sossi
Sevana

HOUSE POINTS TERM 2

Uniform, Playground, Charity & Awards

YEREVAN - 69 points

SEVAN - 76 points

Support your House Team and earn points by having the correct uniform, by following the playground rules and by being generous.

DATES TO REMEMBER

26/06	Student Half Yearly Reports - Sent Out
03/07	Last Day Term 2 - Mufti Day
20/07	School Development Day (Pupil Free) Emergency Care & CPR Staff Training
21/07	First Day Term 3 - Students Return
21/09	Armenian Independence Day
25/09	Last Day Term 3 - Mufti Day
12/10	First Day Term 4
06/12	Christmas Concert & Graduation

COMING SOON...

ARMENIAN GENERAL BENEVOLENT UNION ALEXANDER PRIMARY SCHOOL SCHOOL REPORT 2019

Includes...

- Academic Performance,
- Teacher Standards,
- School Policies on Enrolment, Discipline, Safe & Supportive Environment, Improvement Targets, Summary of Financial Information and a lot more!

**Grab a copy from the office.
Also available on the website.**

Armenian General Benevolent Union
ALEXANDER PRIMARY SCHOOL

SCHOOL REPORT

THIS REPORT WAS PREPARED BY:
Mrs Maryam Davtyan
Principal
Mrs Vicky Davtyan
Curriculum Coordinator
AND WAS REVIEWED BY THE
AGBU Alexander Primary School Board

Download our School Stream App to receive the latest notifications.

schoolstream

TEACHERS' AWARD

TERM 2 – WEEKS 9

Year 6: Sera , Lara
Year 5: Berj
Year 4: Cristian , Martin
Year 3: Anthony
Kris
Year 1: Lia

Remember 10 Encouragement Awards = Teacher's Award

ARMENIAN STUDENT FUND

WEEKLY REPORT: Term 2 Week 9

8 Points – Sevan	\$9.50
6 Points – Yerevan	\$6.50
TOTAL:	\$16.00
ACCUMULATED:	\$148.90

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ARMENIAN APOSTOLIC CHURCH
www.armenianchurchsydney.org.au

MANAGING YOUR CHILD'S ASTHMA

Six steps to managing your child's asthma. Ask your doctor to assist you to in managing your child's asthma according to the six-point plan below.

1. Know how severe your child's asthma is (ask your doctor).
2. Achieve best lung function - find out what to do, so that your child's lungs function at their best. The use of a peak flow meter or symptom score diary may help in determining the best lung function.
3. Maintain best lung function - avoid things, which trigger your child's asthma.
4. Optimize medication - use the lowest dose of medication possible to achieve the best lung function, without producing side effects.
5. Develop an asthma action plan with your doctor so that you know what to do during an attack of asthma.
6. Have your child's asthma checked regularly by your doctor, and learn as much as you can about the management of your child's asthma.

ASTHMA CYCLE OF CARE

If your child has:

- symptoms on most days or nights
- uses an asthma reliever puffer more than 3 times per week
- has been in hospital with an asthma attack
- missed school due to asthma

then see your GP to enrol in the Asthma Cycle of Care and get an Asthma Action Plan to help you take control of your asthma.



If you have any questions, or for further information contact Asthma Foundation NSW.

Asthma Foundation NSW ☎ 1800 645 130 🌐 www.asthmansw.org.au



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Facebook

<http://www.facebook.com/AlexanderSchool>



REPORTS: TEACHER CONTACT REQUESTED

I would like (teacher/s name) to call me

on.....(phone no.) to discuss.....'s school report.

A suitable time is(time) on.....day.



PARENT'S NAME: _____ SIGNATURE: _____

PUNISHMENT - vs - DISCIPLINE



What is the difference?

Punishment causes the offender to suffer. **Discipline** sets a system of rules for conduct.

How should we teach our children to behave?



Punishment has nothing to do with helping children learn to behave because punishment only teaches a child how to avoid being punished the next time through lying or manipulating. Punishment makes parents 'feel good' by believing they are in control.

Discipline teaches a child how to behave according to established rules. Discipline sets safe boundaries. Children need to feel safe and respond to defined boundaries. Parents need to create a safe, loving home environment with an acceptance to initiate discipline.

How can discipline be effective?

- Make sure rules are clear and simple.
- Spell out consequences of breaking rules.
- Communicate rules and consequences clearly.
- Parents need to be consistent in their management of discipline.



HYGIENE QUIZ

How do you rate with your friends?

Poor personal hygiene can be a maker or breaker of friendships, so take this quiz to check out what your friends may be thinking about you!

How often do you shower or bathe?

- Once a week
- Once a month
- Once a day



How long should it take you to brush your teeth?

- 3 minutes
- 30 seconds
- 30 minutes



Where should you apply deodorant?

- Under your feet
- Under your armpits
- Over your clothes



How often do you change your underwear?

- Daily
- Weekly
- Annually



School uniform should be washed ...

- At least twice a week
- At least twice a year
- When colour turns black



See how you rate by checking the correct answers. →



School Banking

No Student Banking

School Banking at our school will recommence from the start of Term 3.

Our Banking Days will be on
Wednesdays

If you answered all of the above questions correctly, then you are unlikely to have any major concerns about hygiene. You can be sure your friends have no problem hanging out with you.

If you answered any questions incorrectly, then you may wish to assess your personal habits and make some changes to your daily hygiene routine!

How often do you shower or bathe?
c. Once a day
How long should it take you to brush your teeth?
a. 3 minutes
Where should you apply deodorant?
b. Under your armpits
How often do you change your underwear?
a. Daily
School uniform should be washed ...
a. At least twice a week

Answers to Hygiene Quiz