

Dear Parents,

DEBATING COMPETITION

On Wednesday, our Year 5 debaters took part in the final round of the 2018 'Forest District Interschool Debating Competition'. It was decided at the start of the year that the competition would not have an overall winner and the format of the debating finals round would be a little different. As a result, all teams were expected to take part in an 'impromptu debate'. When the competing schools arrived at Alexander school, all the selected topics were drawn out against the teams that were set to take either the Affirmative or Negative side of the argument.

The topics were as follows: '*Dogs are better than Cats*' with the Italian Bilingual School as the Affirmative and the Sydney Japanese International School as the Negative team. While the topic: '*Online Shopping is better than Bricks and Mortar*' was debated between Alexander Primary School as the Affirmative and the German International School as the Negative teams. All teams were given only an hour to prepare for the debate with limited teacher guidance and by having no access to online resources.

It turned out to be an interesting finals round with the added pressure of the limited preparation time. The students had to put their skills to the test and show their true debating versatility. The final results for both debates were close and it all came down to how well the teams were able to connect with their arguments as a team. Congratulations to the Italian and German schools for being announced the winners for the day. However, a huge congratulations also go to all the debaters who joined the competition this year and made great improvements in their speaking and debating skills. Well done to our Year 5 debaters!



CRUNCH & SIP - REVIEW

Crunch&Sip® is a set time in primary schools for students to 'refuel' on vegetables, salad and fruit and 'rehydrate' with water. Students who are not hungry and are well hydrated perform better in the classroom, show increased concentration, and are less likely to be irritable and disruptive. Many students are not eating enough vegetables and fruit or keeping sufficiently hydrated.

Each school has a suitable time and way to implement Crunch&Sip® that fits with the school's timetable. It may suit the school for all classes to have it at the same time, or for individual teachers to decide when it best suits their class schedule. Teachers may have Crunch&Sip® time while students continue on with their work, or stop work and hold a specific activity inside or outside of the classroom.



As a result of ongoing feedback from students, parents and teachers, the school is currently in the process of reviewing the implementation of Crunch&Sip. We are currently conducting sample audits of the activity and will use the results to improve the process. We hope to keep you informed in the near future.

2018 HONOUR AWARD LIST

Congratulations to

Martin

Stephen



Crunch&Sip® Pack ideas

Stuck for ideas to make your kids Crunch&Sip packs more interesting? Try these ideas:



1

Use texture

Make a pack that includes vegetables or fruits with varying textures.

Go for colour
Use a variety of colours in your packs to make them appealing.

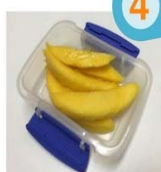
3



2

Make it tasty

Pack chopped vegetables or fruits that taste great together.



4

Is it in season?

Vegetables or fruit in season will taste better.



5

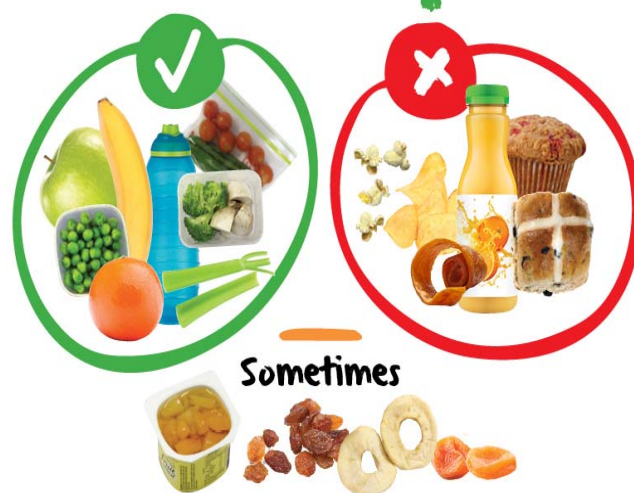
Add a fun fact

Include a post it note with an interesting fact about the vegetable or fruit in the pack.

More information? Download the parent brochure from the Crunch&Sip webpage: www.healthykids.nsw.gov.au/campaigns-programs/crunch-sip.aspx

What to pack for Crunch&Sip® It's simple!

Crunch&Sip means vegetables, fruit and water only.



www.healthykids.nsw.gov.au/campaigns-programs/crunchsip.aspx

HOUSE POINTS TERM 4

*Uniform, Playground, Charity
& Awards*



YEREVAN - 25 points

SEVAN - 23 points



TEACHERS' AWARD

TERM 4 - WEEK 2

Year 4: Stephen
Sera
Year 3: Berj
Year 2: Martin
Prep: Lara, Lia



DATES TO REMEMBER

03/11	Soccer Tournament @ GIS - Years 3-6
08/11	Orientation & Open Day
11/11	Armenian 'Kermesse' - School Choir
21/11	CARES Bike Safety visit - Years 3-6
07/12	Armenia's Earthquake Remembrance Day
08/12	Christmas Concert
14/12	Student Yearly Reports - Sent Home End of School Swimming Program
19/12	Last Day Term 4 for Students
20/12	Staff Planning Day

ARMENIAN STUDENT FUND

WEEKLY REPORT: Term 4 Week 2

8 Points – Sevan	\$6.20
6 Points – Yerevan	\$5.70
TOTAL:	\$11.90
ACCUMULATED:	\$557.45

SPONSOR A CHILD IN ARMENIA THROUGH THE
ARMENIAN APOSTOLIC CHURCH
www.armenianchurchsydney.org.au

SUMMER UNIFORM

The school will change into its **Summer Uniform** starting next week. Please make sure your children are wearing the correct uniform as outlined in the uniform policy.

We like to take this opportunity to inform our parents that we now have in stock new hats for boys and girls.

Also a reminder that the school grey socks with yellow and blue stripes are in stock. Students are required to wear the striped socks only.

Uniforms can be ordered by contacting the office. Thank you for your cooperation.

ARMENIAN 'KERMESSE' - Sunday, 11th November

The Armenian Apostolic Church of Holy Resurrection is holding its annual 'Armenian Kermesse' and have once again invited Alexander School with other community groups to bring their participation and support the event, which will celebrate our culture, food and community.

The event will take place on **Sunday, 11th November** from **12.30pm**. The adjacent grounds of the church of Holy Resurrection, 10 Macquarie Street Chatswood will transform into a festival of fun and activity with live entertainment, games and activities, and of course delicious Armenian food and fare.

Community schools choirs, dance groups and bands have been invited to take part in the event. In order to finalise our participation we would like to know the number of students taking part.

Once again this is a good opportunity to showcase our school to the rest of the community. **Please let us know if you are able to make your child/ren available on the day and if they can join the choir.**

Please indicate your response below and return to school by **Monday, 29th October**.



Kermesse or kermis is a familiar word in Europe and our Middle Eastern communities known as a festival of celebration that embraces feasting, dancing and games of all kinds.

Derived from the Dutch language, 'kerk' (church) and 'mis' (mass) originally denoting the mass on the anniversary of the foundation of a church.



ARMENIAN KERMESSE - SCHOOL CHOIR

Years Prep - 6

STUDENT/S NAME/S: _____ CLASS: _____

Please ✓ tick box and return form to school Office by Monday, 29th October.



☐ YES, my child/ren will be able to join the choir at the Armenian Kermesse on Sunday, 11 November 2018.

☐ NO, my child/ren will not be able to join the choir at the Armenian Kermesse on Sunday 11 November 2018.

PARENT'S SIGNATURE: _____ DATE: _____



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Տարեկան Համերգ
Կազմակերպությամբ
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Շաբաթ 10 Նոյեմբեր 2018ի երեկոյեան ժամը 7.30ին



Մասնակցության Սակ՝ 60 Տոլար
Տոմսեր ստանալու համար դիմել Հայկ Լեփեճեանի 0410597290
Սոնա Բերբերեանի 98097427 եւ Եկեղեցւոյ Գրասենեակ 94198056

Under the auspices of
HIS GRACE BISHOP HAIGAZOUN NAJARIAN
Primate of the Diocese of Australia and New Zealand

Annual Concert organised by

Hayastan All-Armenian Fund Australia Branch

With the participation of internationally renowned Armenian Singers

LIANA & LILIT ALAVERDYAN

Saturday 10th November 2018

Ryde Eastwood Leagues Club at 7:30pm
117 Ryedale Road, West Ryde

**YEREVAN'S
2800TH
ANNIVERSARY**

Donation: \$60

For tickets please contact
Haig Lepedjian: 0410 597 290
Sonia Berberian: 9809 7427
Church Office: 9419 8056